the SECRETS TO GROWING

# INCREDIBLE TOMATOES

BY KACPER M. POSTAWSKI

### Introduction

INCREDIBLE TOMATOES

My late grandfather Stan, raised his entire family, including my mother, growing tomatoes. He grew other things as well, but tomatoes were his specialty, and he grew them very well, he had to, otherwise people wouldn't buy them and his livelyhood depended on it.

The strange thing about my grandfather is that at a time of poverty and communism, in the early sixties in a war-torn country like Poland, he was one of the wealthiest people in town, although he came from a very poor family in the country side.

So when people ask me if this stuff really works, I say, he must have done something right, it kept the family afloat, and made good money.

As the years went by, his children left home to start their own families one by one, and no-one particularly paid any attention to learning his tomato secrets.

Until I one day sat down with him, just a year and half before his passing at 71 years of age, and had him spill the beans and tell me everything. Since then I've used these techniques for years and have grown incredible tomatoes. I've shared the "**double your harvest**" technique in <u>my book</u> with over 10,000 people through joyfultomato.com and have received many heartfelt thanks and testimonials from gardeners who have doubled or tripled their tomato yield.

In this short free eBook, I am going to share with **3 of these age-old, tried and tested**, **tomato growing techniques.** This isn't everything of course, there's a lot of things that can happen, and that you should know when growing tomatoes.

However, **if you do just these 3 things, you will be miles ahead of other tomato gardeners**, and have one of your most amazing tomato harvests to date. Most people don't know these things, and do the OPPOSITE, making 3 big mistakes, getting poor, cracked fruit, dead and sick plants, or just not as many tomatoes as they could have had.



**PS.** If you like this kind of information, you'll really enjoy my book <u>"Organic Tomato</u> <u>Magic"</u> where I show you how to double your tomato harvest with a special technique, and a lot more tomato gardening insider tips and secrets. <u>Click here to find out more</u>.

#### Enjoy!

## Secret #1

INCREDIBLE TOMATOES

If I had 30 seconds to tell you just one secret to growing amazing tomato plants(or any plants) it would be this.

Get "E.M", and use it in your soil.

Now here's the longer explanation

What is EM?

It stands for Effective Microorganisms.

You see, one of my grandfathers biggest secrets was keeping the soil of his plants ALIVE and THRIVING with life, worms, bugs(the good kind), and most of all: **microorganisms**. There thousands of species of birds, mammals, and reptiles on the planet, but there are MILLIONS if not BILLIONS of species of micro-organisms. Many that haven't been found or classified yet, it's that big of a mystery.

These micro-organisms are believed to have been here millions of years before plant life, or any life on the surface of the Planet ever existed.

They are so vitally important to us, that if they didn't exist, all plant and human life on Earth would most likely disappear completely.

For example, there are micro-organisms in your stomach that help you digest certain foods and produce important enzymes for your body. Without them, you'd be in a lot of trouble.(This why antibiotics are dangerous if used improperly.)

In the same way, micro-organisms produce vitally important nutrients and elements for plants to thrive. Isn't that cool? And there are millions of them in every square inch of good soil(if you have good soil)

So the real difference between good soil and bad soil is how ALIVE good soil is.

#### the 3 SECRETS TO GROWING INCREDIBLE TOMATOES

#### So how do you make the soil alive with micro-nutrients?

First of all, you have to know that 90% of all soil today is DEAD soil. It's been treated with chemicals, exposed to pollution, and all kinds of other stuff. The soil you buy from the hardware store has been sitting in plastic bags for who knows how long, sure it looks nice, and it's dense with Nitrates from a short composting process, but those nitrates are usually depleted in a month or two, you get yellow leaves and poor fruit.

You, as an expert organic tomato farmer, have to make your top priority to keep your soil LIVING, make it not only a great place for your plants to live, but for billions of tiny guys to live in as well.

How do you do this? There is a QUICK, cheap, organic way to do this that egogardeners and communities are going CRAZY over right now, because it works, I use it and I'll show you how. But first let me tell you how my grandfather did it:

My grandfather had his own ways of doing this, which are a little long and take time. One of them was collecting rain water in big pots, having algae grow in them over months, he grew lilies and all kinds of things in the water... by the time this water had been sitting out for a month or two it would be green and had tiny tadpoles swimming in it and other living stuff.

The type of water that you would expect to get out of a well in Africa, you would never drink it. The point is it had tons and tons of living things in it, and using his intuition and things he learned in agriculture school, he knew this was good for the soil, and would treat the soil with this water regularly.

Now, you can go that route, however, today, there's an even better way.

You can grow your own Microorganisms, in a few days, and have a 6 month supply, enough to treat ACRES of land(I'm not kidding), and get that for only a few bucks!

If you haven't heard of it, it's called "EM", Effective Microorganisms.



There are many places online you can purchase it.

A single bottle costs about \$10 to \$30, depending on where you get it, and can last you for years.

A single 16-oz bottle contains billions of dormant microorganisms and beneficial bacteria... with special instructions(usually clearly written on the bottle) you can take a single teaspoon of the bacteria, and grow it 1000x or more in just a few days.(you need molasses to activate the bacteria)

The micro-organisms multiply FAST, so you can make gigantic amounts and grow it yourself.

In fact, one \$30 bottle of this stuff can last you FOREVER, literally. I know one ecocommunity down in Washington that now grows their own micro-organisms in big commercial size drums every day, they never spend a dime on this stuff, they grow tomatoes, and many other fruits and vegetables, and they're **THRIVING**.

You'll see fantastic results with your plants using EM, you might not even believe your eyes. I won't spoil your fun by telling you what will happen, but expect lots of fruit and lots of **healthy** plants.

The best part is this is all organic, and natural, AND, you are helping reverse the effects of pollution on this planet by making the soil which you live and plant on ALIVE, there's a lot of research being done on these microorganisms now, in the book "<u>Solvivia</u>" by Anna Edey, she describes how these organisms literally can turn toxic waste into living soil, I highly recommend you get her book if you are interested in this kind of stuff, it will blow you away.

#### Here's a few good web-sites to buy EM from:

http://www.emearth.com/emshop/ http://www.gardenerspantry.ca/microorganisms/emproducts.html

Onto secret #2...

## Secret #2

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**WARNING**: If you went ahead and somehow skipped secret #1, go read it now! Don't skip ahead, secret #1 is VITALLY important, if you don't know that, and don't do that, then you're wasting your time.

This secret is about knowing how to water tomatoes properly. And I am going to summarize for you here very quickly, and get to the point, as it's really simple.

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I know this might sound like basic and *obvious* advice, but you wouldn't believe how many people just don't do this. They treat their tomato plants like a decorative plant left in the corner of some room, only getting water when they remember from time to time.

There's a lot of conflicting advice on watering tomatoes out there, and unfortunately no one is actually talking about the one watering secret that works the best. Some people say don't over water, some people say don't water too much at night or you'll promote mold growth, etc.

Here's what I know, what has worked for me very well, and what has worked for thousands of my students. I can write this advice in stone.

#### Water your tomato plants like crazy.

Okay, maybe not too crazy, but <u>a lot</u>. Every day, twice or three times a day when it gets really hot.

Tomatoes like A LOT of water, period. Micro-organisms need water to thrive too, so if you are following my advice from secret #1, you will need to water!

The number once cause of 90% of tomato problems is not watering enough or irregularly.

Water A LOT, and REGULARLY.



Sometimes you might get a dry hot spell of weather, this is particularly an important time to keep watering and water even more than you normally do.

#### Make a daily watering schedule, and stick to it religiously, period.

This was my grandfather's mantra. Because his livelyhood depended on it, he would get up at 4:30 AM in the morning to do his "first round" of watering in the greenhouses. He watered his plants 3 to 4 times per day. And naturally, once the kids grew older some of them began to share that responsibility.

Follow this advice and you will see BIGGER and JUICER tomatoes..

Also, don't water the leaves of the tomatoes :-) This is another mistake some beginners make, water the soil.

Finally, don't be SHY with the watering, don't use a little "shower stream" of water or a watering jug. **Get a hose, unscrew the dinky shower thing if you use one**, and **hose** down that soil with water. Lots of water. You don't want to over-do it and create mud(that's bad! It will ruin the soil), but like my grandfather said, you want your tomatoes to be "**swimming**!"

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### Secret #3

One of my grandfather's greatest secrets, and why he was an unusually wealthy tomato gardener was that the tomatoes were just **mouth-watering delicious**. They tasted sweet, like a fruit should, people would drive from towns 40 miles away just get his tomatoes.

He was able to sell out over 10,000 lbs of tomatoes very quickly, and he had two back to back harvest every year.

What made his tomatoes so different from anyone else?

Yes, he used a lot of the techniques I described earlier and that I talk about in my book, Organic Tomato Magic, but that mostly accounted for him being able to grow A LOT of tomatoes, and keep them healthy, it didn't really explain why the tomatoes were so unbelievably delicious.

#### It came down to this: the seeds.

Having the right seeds, is secret #3. You have to HUNT for your seeds, and get the good stuff.

Today, most seeds you buy at the store, even if they're "organic", are just crap, pardon my french. They are genetically deformed, either by heard of bad farming on poor soil, or **ON PURPOSE.** 

There's also a corporation called **Monsanto** that's trying to monopolize the production of seeds world-wide. Its a US based BILLION dollar multi-national corporation. If you read up on them you get chills down your spine, they're up to some really evil things.

And the scary part is that they're succeeding, they own like 50% or more of the world market.(this is just off the top of my head, do your own research, I don't have the exact numbers but its scary)

Why are they doing this? It's simply a matter of marketing...

If someone sells you a GOOD seed, you can take the seeds from your fruit and have your own seeds next year, why would you buy from them again?

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If they can genetically modify my seed, and your fruit produces seeds that aren't fertile(or doesnt produce seeds at all), you'll come back and buy more genetically modified seeds that only produce one good crop.

Most of the seeds you buy today, are genetically modified, or deficient in other ways, they will give you one "good" crop and each crop you plant afterwards will get worse, or you'll have a lower sprouting yield, etc. They also just don't produce good fruit, its not nearly as tasty as the fruit from quality organic seeds.

Getting good seeds today is really important, these big corporations must be stopped, for the sake of our planet and our children.

My grandfathers secret was the he didn't buy the same seeds which everyone else did.

He actually spent, every year, \$100 US Dollars, to buy special organic seeds from a company in the Netherlands, of a certain tomato variety.

Now... keep in mind....

#### He was a farmer in northern Poland, and this was the 1960s!

\$100 U.S Dollars was like \$2,000 in Polish money in a time when the average person made only \$200 per month!

He did this because he knew how important it was. As a result his tomatoes were outstanding and he got paid top dollar for them.

And he didn't bother replanting his own seeds, he rebought fresh seeds every year because he trusted this company and knew they produced good seeds year after year from his testing. *Those were the good old days where you could trust big businesses on their word :-*)

Anyway, with that said, I hope you realize how important it is that you **DON'T** go and buy your seeds from the local home & garde store. Get seeds from a trusted organic source that specializes in seed production.

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I recommend ONE source only for great organic tomato seeds. It's an online web-site called Tomato Fest, and it's family operated, Dharma manages most the online things from the looks of it. They are CCOF certified organic.

Check out their seed store here:

http://tomatofest.com/heirloom\_tomato\_seed\_home.html

Oh, and obviously it's not going to cost your annual salary to buy these seeds, you're not a Polish farmer in the 1960s, a good bag of seeds from them is only \$3 - \$5

Thats it for this quick report, I hope you apply these 3 secrets, you'll be amazed with the results this simple advise will create in your garden.

Sincerely,

hayAllafante

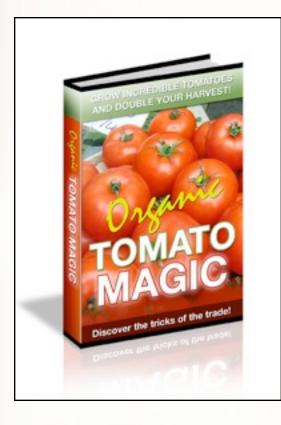
Kacper Postawski, the tomato guy.

PS. Turn to the next page to find a great technique to DOUBLE your tomato harvest.



# How To Double Your Tomato Harvest

If you like this kind of information, you'll really enjoy my E-Book "Organic Tomato Magic" where I show you **how to double your tomato harvest** with a special technique I learned from my late grandfather years ago, and <u>a lot</u> more tomato gardening insider tips and secrets that you and your tomatoes will love.



# Click Here for "Organic Tomato Magic"